

JOHNNA MISKA

Licensed Professional Counselor (LPC)
Art Therapist (ATR-P)
Educator

EXPERIENCE

Dual Diagnosis/Transitional Youth Outpatient Therapist | Crossroads Health | 2022-2023 | Mentor, OH

- Provide specialized individual and group outpatient counseling for teens, adults, and dual substance use disorders
- Maintain a caseload of 40-60 individual clients
- Provide diagnostic assessments for incoming clientele
- Create individualized treatment plans for every client
- Maintain timely documentation – including progress notes, outreach attempts, care coordination, treatment plans and discharge summaries
- Coordinate with a team of various community mental health professionals to provide continuous care
- Created new art therapy program for outpatient services at group and individual levels including organizing, educating, and implementing policies and directives addressing unique needs of specialized populations. Advocated for expressive arts programming and facilitated groups of 3-12 individuals
- Created and implemented curriculum for creative writing, recovery, and additional art based group programming
- Provide information and coordinate with outside community based resources for housing, recovery, and crisis assistance
- Provide crisis intervention to individual clients and refer to higher levels of care if needed
- Attended continuing education training to maintain licensure and career competency

Adjunct Professor | Columbus College of Art & Design | 2021-2022 | Columbus, OH

- Instruct bi-weekly Intro to Art Therapy class
- Create and implement semester-long curriculum'
- Build rapport with students and provide ongoing educational guidance and support
- Consistently relay best contemporary practices in art therapy and counseling
- Develop appropriate assignments and provide feedback

SKILLS

Visual Arts
Art Therapy
Mental Health Counseling
Program Development
Teaching
Curriculum Development
Adobe Creative Suite

EDUCATION

MA, Counseling: Art Therapy | 2020 Adler University

Member of AATSA, American
Art Therapy Student Association

BFA, Painting and Drawing | 2016 Ohio University

Psychology Minor

CREDENTIALS

Licensed Professional Counselor (LPC) Ohio, 2021

**Registered Art Therapist,
Provisional (ATR-P) 2021**



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Experience, *continued*

Therapist | EmotionControl | 2021-2022 | Columbus, OH

- Provided Dialectical Behavioral Therapy to adolescents and adults in person/office and through Telehealth
- Maintained DBT certification
- Facilitated and provided art therapy as needed with individuals to address various treatment needs
- Assessed for current functioning, diagnoses, and ongoing treatment changes with clients and support systems
- Maintained client notes and documentation
- Communicated effectively with other professionals engaged in client treatment and connect with appropriate community or clinical resources

School-Based Therapist | OhioGuidestone | 2020-2021 | Cleveland, OH

- Provided counseling and art therapy to children ages 4-18 within the Cleveland Metropolitan School District in person at various schools and over Telehealth
- Built and maintained rapport with clientele and caregivers
- Completed clinical diagnostic evaluations and ongoing assessments
- Utilized Art therapy, play therapy, and talk therapy techniques
- Maintained client records related to treatment and diagnoses
- Communicated with other professionals engaged in client treatment and connect with appropriate resources

Art Therapy Intern | Orchard Village | 2019-2020 | Skokie, IL

- Conducted mental health and art therapy assessments
- Developed and implemented treatment plans
- Facilitated individual and group art therapy and counseling sessions
- Communicated with treatment team
- Maintained HIPAA compliant client documentation
- Managed, documented, and budgeted materials

Social Justice Intern | Gary Comer Youth Center | 2018-2019 | Chicago, IL

- Co-facilitated visual arts projects that encouraged positive community involvement with local youth ages 8-18
- Organized social-justice based workshops centered around community education of youth mental health and racial equity
- Co-facilitated after-school teen group centered around leadership, community involvement, advocating justice and social responsibility

Art Coordinator | Achievement Centers for Children-Camp Cheerful | Seasonal 2016, 2018 | Strongsville, OH

- Created and implemented lesson plans for daily art and recreation summer camp activities
- Adapted lessons to meet specific needs for children with severe social, emotional, physical, and learning disabilities, including children on the autism spectrum
- Fostered meaningful relationships with campers while helping them set and work towards personal goals
- Collaborated with team of counselors and support staff to plan and adapt programming
- Budgeted for supplies and established relationships with nearby art suppliers

Preschool Teacher | Young Explorers Montessori School | 2017-2018 | Twinsburg, OH

- Co-taught Montessori based pre-Kindergarten classroom through strengths-based approach
- Created and implemented lesson plans
- Carried out educational assessments
- Attend to children's' physical and emotional needs and provide behavior management

Mental Health Technician | Windsor Laurelwood Center for Behavioral Medicine | 2017 | Willoughby, OH

- Provided consistent support and supervision to clients in pre-teen and adolescent units
- Attended to general health, comfort, and mental health requirements
- Developed and carried out daily therapeutic skill-building groups
- Conducted regular safety checks

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Experience, *continued*

Arts and Crafts Specialist | Running Brook Day Camp | 2017 | Waltham, MA

- Prepared lesson plans and lead daily art lessons for multiple groups of approximately 20 children
- Collaborated with other counselors and leaders
- Maintained organization of room and materials

After School Teacher | Expressions After School | 2016-2017 | Needham, MA

- Collaborated within small team of co-directors to develop and implement daily programming
- Provided consistent supervision and safety checks of students
- Created and implemented lesson plans for various arts-based activities
- Assisted with program marketing
- Communicated with parents/families
- Provided extra-curricular transportation

Educational Programs Assistant | Kennedy Museum of Art | 2016 | Athens, OH

- Co-created and facilitated educational activities and tours for students kindergarten-adulthood relevant to current exhibitions
- Created and implemented art activities inspired by current exhibitions
- Assisted in organizing community talks, events, exhibition research, and installation of pieces

Residential Counselor | Ramapo for Children | 2014 | Rhinebeck, NY

- Provided 24/6 child supervision at residential camp setting
- Provided behavior management for at risk and special needs youth
- Ran ceramics program for 150 campers
- Developed lesson plans adapted for age and developmental level
- Led several daily ceramics classes and projects for groups of 6-8 campers
- Managed ceramics studio, loaded/fired kiln, organized supplies and projects for all campers